



B.K. BIRLA CENTRE FOR EDUCATION

SARALA BIRLA GROUP OF SCHOOLS
A CBSE DAY-CUM-BOYS' RESIDENTIAL SCHOOL
PERIODIC TEST -1 2026-27



EVS (SET-1)

ANSWER KEY

Class: II
Date : 12.06.26
Admission no:

Time: 1hr
Max Marks: 25
Roll no:

General Instructions:

- Attempt the questions based on the specific instructions for each part.
- Review your answers before submitting your answer sheet.
- All questions are compulsory.

Q1. Tick (✓) the correct option:

1 X 5= 5

1. The place where two bones meet is called a:

- a) Muscle b) Joint

Ans: b) Joint

2. Which organ helps us think and remember things?

- a) Heart b) Brain

Ans: b) Brain

3. Which of these is an internal organ?

- a) Stomach b) Hand

Ans: a) Stomach

4. We should sleep for _____ hours every day.

- a) 2–3 hours b) 8–9 hours

Ans: b) 8–9 hours

5. To keep our body safe from germs, we must:

- a) Bath b) Play

Ans: a) Bath

Q2. Fill in the blanks:

1 X 5= 5

1. The air we breathe in goes into the _____.

Ans: Lungs

2. The _____ is the framework of bones that gives shape to our body.

Ans: Skeleton

3. We should brush our teeth _____ a day.

Ans: Twice

4. _____ helps us develop strong muscles and bones.

Ans: Exercise

5. The position in which we hold our body when we sit or stand is called _____.

Ans: Posture

Q3. Short Answer Questions:

2 X 3 = 6

1. What does the heart do for us?

Ans: The heart pumps blood to all parts of our body and keeps us alive.

2. Mention any two healthy habits we should follow to keep our body clean.

Ans: We should bathe daily and brush our teeth twice a day.

3. What is posture?

Ans: Posture is the position in which we hold our body while sitting, standing, or walking.

Q4. Long Answer Questions:

3 X 3 = 9

1. Write sense organs with their function.

Ans:

Eyes – help us to see

Ears – help us to hear

Nose – helps us to smell

Tongue – helps us to taste

Skin – helps us to feel

2. How do we keep our body clean?

Ans: We can keep our body clean by bathing daily, brushing our teeth twice a day, washing our hands before and after meals, wearing clean clothes, and keeping our surroundings clean.

3. What does our brain do? Write in detail.

Ans: The brain controls all parts of our body. It helps us think, learn, remember things, and take decisions. It also controls our actions and movements.